



Sustainable energy system

**for achieving novel carbon
neutral energy communities
final outcome in brief**





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SUSTENANCE project and the education material

H2020 SUSTENANCE project has developed sustainable energy systems to create carbon-neutral energy communities. Coordinated by Aalborg University in Denmark, this project involved 21 partners from three EU countries and India.

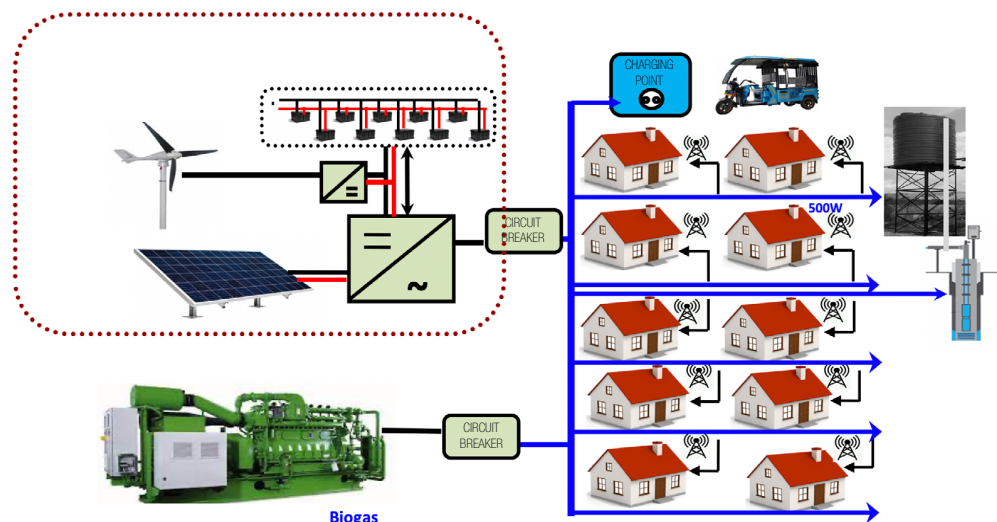
The focus was on integrating local renewable energy sources and efficient energy solutions across electricity, heat, water, waste, and transportation infrastructures.

The project included demonstration activities in Denmark, the Netherlands, Poland, and India, showcasing innovative energy solutions tailored to local needs.

By promoting energy autarky and decarbonized systems, SUSTENANCE has enhanced the quality of life, reduced energy poverty, and supported socio-economic development in both urban and rural areas.

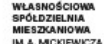
One of the goals of the SUSTENANCE project was to promote ideas for user engagement and the set up technical solutions. To be able to do so and replicate the findings, the SUSTENANCE project has developed a compiled education material for the public. The idea behind the material, is to explain some of the main developed ideas in a less technical manner, so it can be understood by layman persons or students, so they can engage in the development.

This e-book is based on this developed educational material and gives the content in short form. For more detailed explanations please refer to education material at our home-page. <https://h2020sustenance.eu/results/edu-materials/>



System set up in Barubeda, India

Project Partners



Role of citizens in local energy areas in the energy transition (Frans Coenen, Associate professor, University of Twente)

A main aspect realized in the SUSTENANCE project is the importance of the citizens as players in the energy transition. They are end-users of the technology innovations set up during the project, and if this technology is not adapted to the way the citizens will be able to utilize and understand it, it will never get the intended utilization in the local energy area. This will also indirectly influence their total energy consumption if they apply energy-efficient appliances and equipment. Therefore, the technology has to be developed in cooperation with the citizens.

Citizens can influence the energy transition in a democracy by voting for political parties and policies that promote renewable energy. They can also act as economic market players by choosing to buy renewable energy or invest in their own production, such as solar panels, or in renewable energy projects like solar or wind farms. Additionally, they can contribute to decarbonization through green electrification of heating and mobility by investing in batteries, heat-pumps, and electric vehicles (EVs).

Citizens can also collaborate in the energy transition by joining local energy communities, which are groups of people who generate, share, and manage their own energy. These communities play a crucial role in

decentralized energy systems, allowing citizens to deploy small-scale renewables and storage, complementing grid-scale electricity decarbonization. Decentralized energy systems can help reduce emissions, increase energy security, and lessen the need to reinforce grids.

The European Union has introduced two new definitions of local energy communities. When translating these to national rules, the common characteristics are that they are meant to be open and voluntary and combine non-commercial aims with environmental and social community objectives. Ownership and control are reserved for the citizens, local authorities and smaller businesses, with a particular case being cooperatives. The cooperatives have economic participation of members, autonomy, independence and concern for the community. The local energy communities can, on top of this, include energy generation, storage, energy distribution and energy sharing under a set of shared obligations with an explicit legal provision. In practice, many other citizen communities fulfil the function of formal energy communities. For instance, village citizens councils, farmer organizations or associations of homeowners, for whom organizing renewable energy generation and energy use is a new goal next to the original purpose of the community.

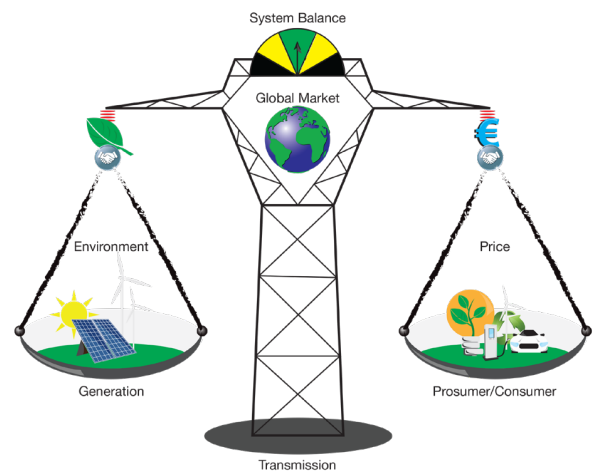
Flexibility provision in power systems – potential and advantages (Rakesh Sinah, Assistant professor, Birgitte Bak-Jensen Professor, Aalborg University)

Flexibility in power systems refers to the ability to change the power consumption of different kinds of demands and production to always ensure that the power production and consumption match each other in real-time. This is necessary to keep the stability of the power grid. With the high penetration of renewable energy from wind turbines and solar power, power production will fluctuate more in the future in relation to weather conditions. Therefore, there is also a need for higher flexibility provision to counteract this varying power production. At the same time, flexibility provision can also be used for better utilization of the existing grid infrastructure by performing peak-shaving, which means that you move some of the demand to low-peak periods from high-peak periods to ensure enough capacity for the grid.

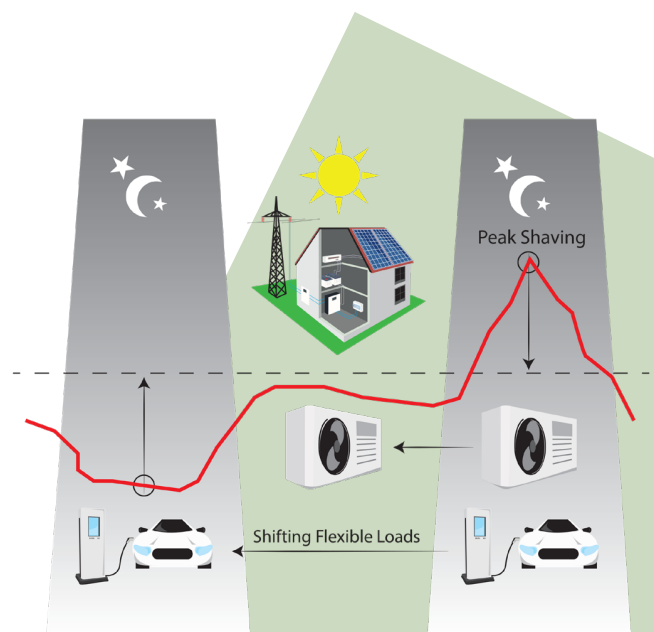
To attain flexibility, the electricity market is seen as a key driver since the market can handle flexibility provision and ensure the import/export of energy between countries or local energy areas. The customers can act according to daily variations in the electricity prices, where high prices are seen in the peak periods (typically in the late afternoon and beginning of the evening), and low prices are related to the low-consumption periods (typically during the night). Since individual customers, as such, cannot directly act on the market, they normally get their prices via aggregators, who also can act on behalf of aggregated values, for instance, for local energy communities.

The flexibility provision can be achieved by, for instance, shifting the operation in time from dishwashers, washing machines, dryers, heat-pumps, electric vehicle charging, and use of energy storage (electrical or thermal storage). For example, an electric vehicle can be charged at night during the low price period, whereas a heat-pump can be run during the daytime if you have your own photo-voltaic power production, and then the heat can be stored in the heat storage.

Some of the advantages of the flexible power provision are, first of all, the ability to accommodate a higher share of renewable energy production. Further, if you are performing peak-shaving mitigating high-peak periods, you also reduce the power loss in the electrical grid and can also delay reinforcement of the grid.



Balancing of production and consumption



Peak shaving of flexible loads

Smart charging of electrical vehicles (Gerwin Hoogsteen, Assistant professor, University of Twente)

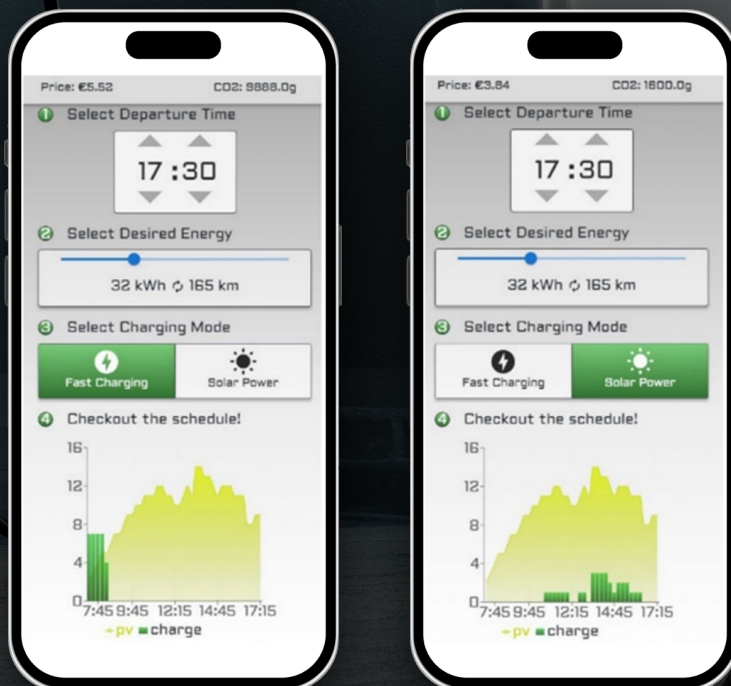
With the high integration of electric vehicles, which is seen as a comfortable and sustainable solution for future private transportation, we need a good solution for their charging. A lot of energy is required to fully charge a car for a certain range – for example, 385 km equals 70 kWh. This amount of energy is equal to the weekly electricity consumption of a normal European household for their normal consumption besides heating and car charging.

Most electrical grids are not designed to provide this high power consumption by cars. The electricity grid will be overloaded if too many cars are charging at the same time. Such an overload means that the grid does not have the capacity to transport all the electricity, and as a result, circuit breakers will trip, causing a local blackout.

Therefore, in the SUSTENANCE project, we have developed smart charging, where local controllers tell when the different chargers are

allowed to operate and with which amount to prevent grid overloading. This means that it can take a little longer time to have your car charged.

During the SUSTENANCE project, the University of Twente developed a smart charging app. The design criteria are that the car is charged before a certain time (departure time) and that you, as a user, can provide the expected energy required for your next trip. In this way, the smart charging system can automatically decide which car is to be charged at which time to ensure everyone's comfort. Only in special circumstances would there be problems in giving the best service to everyone. Usually, cars are only in use 5% of the time, and for the rest of the time, they are parked either at home or at work. This means that they are very flexible to support the grid. In return, customers are rewarded with a lower energy bill and often a more sustainably charged car. A car that is still sufficiently recharged for your next trip.



Smart charging app developed by University of Twente



Car charging parking lot at University of Twente

Microgrids for rural villages in India (Deepika Chhetija, Senior research fellow, Soudipan Maity, Senior research fellow, Milind V Rane, Professor, Ananthu Krishnan, Junior Research Fellow, Indian Institute of Technology Bombay)

In India, several villages are still facing the problem that it is uneconomical to expand the main grid to some of the remote regions in India, and 15% of the population is still devoid of access to electricity or will have electricity with low voltage, flickers, limited time of access and other power quality problems. In India, many microgrids are to be installed, and in the SUSTENANCE project, two microgrids have been developed in the villages of Borakhai in the Cachar district in the state of Assam and Barubeda in Seraikal Kharsawan in the state of Jharkhand. The main focus is to make energy sustainable by using wind and solar power. The system has to be operated in a smart way so the demand from individual components is prioritized, depending on the actual situation at the sites, since not all of the installed equipment can be operated at the same time. This means that the system will schedule when the different units can run via an energy management system.

In the SUSTENANCE project, the development heads towards "energy islands" or "integrated

community energy systems", where the focus is not only on the electricity system, but also other aspects like local transportation in the form of e-rickshaws, heating and cooling, water pumping and energy storages. In the two villages, photo-voltaic systems are set up and supplemented with wind turbine systems for power generation. The system is equipped with battery energy storage, so energy can be stored during the day when the sun is shining and then used, for instance, in the evenings or at night for lightning.

As a part of the SUSTENANCE project, a low-speed micro wind turbine generator has been developed. This wind turbine is based on a small diameter vertical rotor, which is aided by static stator blades that direct and accelerate the wind towards the rotor blades since there is normally only limited wind speed in the area. The wind turbines can supplement the power generated by the photo-voltaic system, especially at night and in the monsoon period when the Sun is limited.



Solar photo voltaic plant at Barubeda



Multi-utility heat-pump for rural application (Milind V. Rane, Professor, Ananthu Krishnan, Junior research fellow, Indian Institute of Technology Bombay)

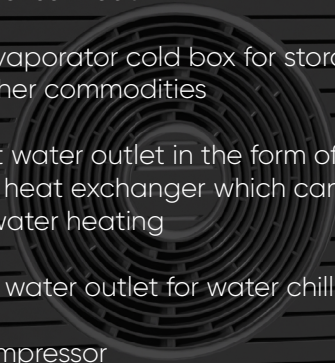
The rural areas in India are often reliant on agriculture. However, in many cases, they face persistent wastage in relation to their production due to inadequate management of the products after harvesting. In this relation, the SUSTENANCE project has developed a multi-utility heat-pump for the drying and cooling of agricultural products. The reason is that this will enhance the quality and lifetime of the products produced. For instance, drying machines will reduce moisture in agricultural products, meaning longer shelf life and market value. Further, improved short-term storage for fresh products can reduce transportation costs and empower farmers to participate in bulk sales, ensuring better possibilities for economic resilience and stability.

The multi-utility heat-pump device is made as prototypes in two different versions. It can heat the unit to dry up to 45°C. At the same time, water heating from 30°C up to 50°C can be used continuously as long as the compressor is running. The units can also be used as a chiller to precool fruits and vegetables to remove the

field heat before bringing the products to the market. In combination with an ice-bank storage inside the cold box, the units can also be used to preserve milk at low-temperature ranges from 3°C to 6 °C. The provision of cold water is also a possibility, with cooling temperatures from 30°C to 15 °C.

The main components of the units are:

- A condenser dryer, with the purpose of drying the agro-products using the condenser heat
- An evaporator cold box for storage of milk or other commodities
- A hot water outlet in the form of a tube-tube heat exchanger which can perform the water heating
- Cold water outlet for water chilling
- A compressor



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Multi-utility heat-pump for milk and water chilling and for precooling of fruits and vegetables and warm air drying for agro products



Upgraded design with larger capacity of the multi-utility heat-pump with 1m x 0,6m x 1m size.

Energy management systems (Krzysztof Rafal, Stay-On, Gerwin Hoogsteen, Assistant professor, University of Twente, Morten Veis Donnerup, Key account and project manager Neogrid)

When setting up local energy systems, it is important to have an efficient generation and utilization of the energy, which demands a dedicated control – an energy management system. Such an energy management system consists of both hardware and software for the energy system operation. The energy management system in a local area can have multiple goals, such as:

- Gathering data from the systems and providing an overview of system performance;
- Active management of the operation of different flexible devices;
- Integration with external systems;
- Optimizing the costs of energy by exploiting dynamic prices;
- Increase system independence and decrease emission by maximizing the self-consumption ;
- Provide means for wider system integration, such that joint energy usage is coordinated;
- Use, for instance, energy storage in optimal conditions to prolong their lifetime;
- Provision of ancillary services to the power grid (demand response and flexibility);
- Improve power quality by, for example, peak-shaving and reactive power compensation;
- Increase energy security;
- Utilization of forecast of power generation, consumption, weather conditions, etc., for optimization of the energy utilization.

The system will normally be set up with the main goal of minimizing the costs or decreasing environmental impact. This is done by controlling flexible devices such as heat-pumps and electric vehicles, as well as using energy storage, both in the form of heat

storage and battery storage. The system can be set up for individual citizens/sites as well as for whole communities.

However, many existing EMSs have some barriers to broad adoption because they require custom configurations by an expert and/or can only support a limited number of brands. In the SUSTENANCE project, three different EMS system sets were developed: one in Poland, one in The Netherlands, and one in Denmark. Many of the functionalities are the same, but they each have individual performances, and they are demonstrated at the actual demonstration sites in the three countries.



EMS systems can optimize according to emission minimization and control consumption according to production from renewable energy to ensure the green transition

Intelligent energy management system in Poland (Krzysztof Rafal, Stay-On)

In relation to the SUSTENANCE project the Polish partner STAY-ON has developed the so-called iEMS system (intelligent energy management system). During the SUSTENANCE project the iEMS system is demonstrated at the Mickiewicza Sopot Housing Association as a collective tool for monitoring and managing the housing installations. A cloud-based installation is used to supervise and control the individual assets. In the building block, the system both monitors the power flows between the individual components and controls the energy storage system and the car charging strategies for electric vehicles. In this way, it will

be able to optimize the local self-production (photo-voltaic panels on the rooftop) and or decrease peak load/generation according to local energy prices.

Furthermore, via the setup system, the citizens in the building can also get a clear visualization of their energy use so as to optimize their energy utilization. It also includes the possibility to be operated in off-grid mode using the energy stored in the battery in cases where independence from the main grid is needed.

Heat-pump control system (Morten Veis Donnerup, Neogrid Technologies)

In Denmark in Voerladegård in Skanderborg Municipality Neogrid Technologies has developed an energy management system to control heat-pumps and electric car charging to optimize the electricity costs for individual citizens but at the same time do optimization to reduce strain on the electrical grid. The heat-pump and electric car charging are both flexible devices, but their consumption patterns differentiate a lot.

The electric car consumes large amounts of electricity, usually a few times per week, which can generate peaks in the electrical grid.

The heat-pumps are operated almost continuously, especially in cold seasons, consuming energy in a steady manner. This makes it very easy to optimize within an energy community. The system also measures data from local production, which in the demo case in Denmark is photo-voltaic installations. The system also measures base consumption in the houses via the electricity meter. In the optimization, dynamic prices are used to operate heat pumps and electric car charging.

This is divided into three prices:

1. Self-consumption, where the price is calculated based on the income the energy produced from own installations would have given if sold to the grid. Normally, this price is rather low.
2. Neighbor consumption, which reflects the situation when excess electricity is produced by the neighbors. If operated as a real energy community, this can be used to negotiate a reduced tariff from the DSO, making it cheaper to use local energy.
3. Grid-consumption equal to the price for purchasing energy from the local grid, normally the highest price.

Using these prices and forecasted values for production and consumption, the Neogrid Energy management system plans the energy consumption for the next 24 hours in the community, heading for reduced peak loads and the most cost-effective solution for individual customers. The system is cloud-based and operates in real-time, and customers can follow the control on their dashboards, thereby understanding their energy consumption patterns.

Self organizing energy management system (Javier Ferreira Gonzalez, Associate Professor, Saxion University of Applied Sciences, Gerwin Hoogsteen, Assistant professor, University of Twente)

A decentralized Energy management system has been developed for the Vriendenerf community (Olst, Netherlands) for controlling heat-pump operation and car charging. The system was developed in cooperation between the Saxion University of Applied Science and the University of Twente. At the core of the decentralized energy management system (DEMS) is the SUSTENANCE-developed IECON framework, which allows the deployment of a local energy management system in the inhabitant houses (named edge EMS), where the collected data and house devices are controlled, aiming to provide a solution where the storage of privacy-sensitive data is located at the edge EMS, as well as the controlling algorithms.

The existing EMS DEMKIT software has been integrated as a core part of IECON, providing the algorithms for the coordination of energy usage. Moreover, the IECON framework has been developed in a modular fashion, allowing the installation of different applications (similar to a smartphone), of which the different apps contain various services (such as weather or electricity price forecasting), dashboards and control systems for devices (car charging, heat-pumps, smart meters etc.).

The IECON infrastructure also allows the connection of user interfaces, including smartphones with apps and home dashboards that display the actual conditions. The system should be an easy plug-and-play system for the future.



Dashboard in an app with different depths of details based on the needs of users

Conclusion

The SUSTENANCE project has developed several systems and units, and some of them are now commercialized, such as the iEMS system developed by STAY-ON and the Community Energy Management System (CEMS) by Neogrid. The Dutch innovation is, on the other hand, an open-source tool that can be used for free. In India, the Multi-energy

heat-pump system is patented. In this way, besides the scientific research outcome both within technical and socio-economic aspects, there is also a great likelihood for business development, so the technology and inventions will have good replication possibilities in commercial ways.



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